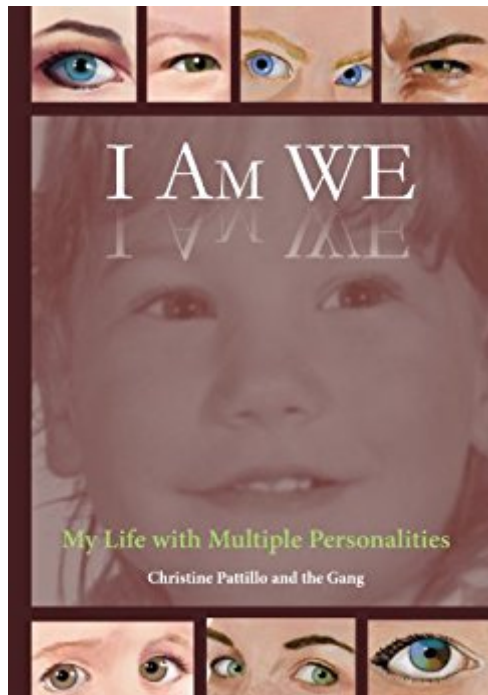




The book was found

I Am WE: My Life With Multiple Personalities



Synopsis

Many people have secrets they are fearful to share with those who love them. Christine Pattillo was one of those people—except instead of just one secret, she had many. As long as Christine could remember, she lived with Multiple Personality Disorder (MPD) or Dissociative Identity Disorder (DID). At times she shared her life with up to six alternate personalities, yet she masqueraded as an active and happy high school student, a successful career woman, and a wife of fifteen years. But she kept her secret hidden from everyone around her, including her own husband. It wasn't until the age of forty-one and after ten years of counseling that she finally managed to utter the seven most difficult words of her life: “There is more than one of me.” Coming out about MPD was terrifying. Was her husband going to leave her? How was she going to tell her mother, siblings, and friends? How would people judge her? And how would she and the alters live day to day out in the open, each carving out their own quality time? How would they all integrate in society? What happens when one of the alters wants to have a baby of her own? And a suicidal one wants to destroy them all? In this fascinating memoir, Christine shares her incredible journey of life with MPD. Readers come to know all of the alters (Hope, SHE, Rim, Tristan, Q, Chrissy, and Cyndi) as the unique and extraordinary individuals they are. We also hear from Christine's husband, family, friends, and therapist, who relate firsthand the joys and challenges of living with MPD. *I Am WE* dispels many common, often misguided conceptions about MPD. While theories about the condition abound, none are more qualified to discuss it than those living it. Join Christine and her family as they share their highs and lows, triumphs and losses, and above all the love they have for one other.

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Customer Reviews

One of the problems we have had reading other books about/by multiples is they tend to focus on the trauma that created them more than is okay for us to read and I'm glad to say this book is very light on trauma, which we greatly appreciate. The format of writing sort of back and forth with Christine and other members of The Gang, with insertions from other people in their lives was kind of exhausting for us though I'm not sure why, but it seems pertinent for a proper review. We loved this book and read it together and admire The Gang's willingness to share with the world and seek out publication, the fear of rejection would be terrifying for us.

Very interesting book. Fascinating how each personality would write in the book. I highly recommend this book!

I know nothing about MPD. This was actually a random purchase to try and learn something new. I ended up caring about these alters and whole heartedly wishing them well on their venture to health and happiness. Cita's writing is smooth and easy to relate to. I can honestly say this book impacted my life for the better and has opened my mind to many new things. I just loved this book and am honored I was let into parts of these great people's lives and memories. Absolutely beautiful, each and everyone of these alters and people.

Terrific book with eye-opening insights into D ID. It's very engaging, informative, and easy to read. I found it fascinating, in and following Chris's progress on her blog. Really interesting.

Wonderful depiction of this type of life. I am inspired by the amazing and dedicated counselor as well and the continued support of the others and their community as well as Cita and Chris. This

was wonderfully written and such an insight to a different type of world. Would definitely recommend

Great read. Very insightful of a condition that everyone has heard of but really doesn't know.

Very, very interesting and gives you insights to what it is really like to have multiple personalities and how Christine deals with it. She is a very courageous lady and has a very understanding husband!!!

Absolutely amazing story about D.I.D/M.P.D

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